

Rabbi Herbert Kumin
Rabbi Emeritus

Robert Sacks
Spiritual Leader

Michael Markowitz
Cantor

Berniece Kumin
Choir Director

P.O. Box 6956 Columbia, MD 21045 410-730-CALAH (2252)
www.calahcongregation.com

Calah Congregation



July/August 2008 ~ Tammuz/Av 5768

Services Held at Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia

Please Note: All Friday Night Services Now Start at 7:30 p.m.

July 18, 7:30 p.m. Friday night Shabbat service. July birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.

August 15, 7:30 p.m. Friday night Shabbat service. August birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.



Remember to mail your **Calah Membership Dues** to Calah Congregation at P.O. Box 6956 Columbia, MD 21045. Your membership includes your tickets to High Holiday Services.



New Phone Number

*Calah has a new phone number: 410-730-CALAH (2252).
The calls will go to Jordan and Claire Alpert's house.*

Shabbat Candle Lighting Times for July and August in Columbia, MD



July 4 – 8:19pm
July 11 – 8:17pm
July 18 – 8:13 pm
July 25 – 8:08pm

August 1 – 8:01 pm
August 8 – 7:53 pm
August 15 – 7:44 pm
August 22 – 7:35 pm
August 29 – 7:24 pm

*Calah services will not be held when Howard County Schools are closed due to inclement weather.
Check local stations for updates, or visit www.calahcongregation.com*

Pastoral Thoughts by Rabbi Herbert Kumin

Judaism as seen by the greatest Rabbis have always been of the opinion that life does not end with death, unlike other religions' theology to salvation in the next world. Judaism does not indulge in detailed speculation about the nature of immortality and world to come; rather the Jew concentrates on this life in the belief that G-d provides an answer for us in the next world.

Happiness is the dividend that one receives from the investment made in the well being of others.

Humility comes one with maturity.

Who knows whether this is true... I heard a Rabbi say: "From Jewish caterers to Jewish Country clubs we seem to be bursting with Jewishness, while Judaism withers.

Din is the Hebrew root of the word Medina meaning Justice and Law, which teaches us that if a nation is to live and endure, it must be rooted in righteousness.

Beware of the half truth. You may have gotten hold of the wrong half!



The congregation sends caring thoughts and prayers of healing to all our members who are ill, including Helen Alpert, Rebbetzin Berniece Kumin, Rabbi Herbert Kumin, and Andrea Paskin. Special prayers also go out to Jane Sneider who is having Cancer surgery on her hand and wrist in July.



Upcoming Holidays – The Fast of Tammuz – July 20 – 17 Tammuz – Fast from dawn until nightfall commemorating the day Moses broke the first Tablets of the Covenant because the Israelites made the Golden Calf. Also marks the beginning of the siege on Jerusalem before its destruction. Begins the Three Weeks, a mourning period ending at Tisha B'Av.

Tisha B'Av – August 10 – 9 Av – Day of fasting and mourning commemorating the destruction of the First and Second Temples, both of which took place on the ninth of Av. The Book of Lamentations is read, and some conduct services sitting on the floor.

Tu B'Av - August 16 – **15 Av** - Also known as the Festival of Love or the Holiday of Unity, this often-overlooked holiday falls between the Three Weeks holidays (Fast of Tammuz and Tisha B'Av) and the Jewish New Year. It probably started as an agricultural holiday but now is said to mark the day that the tribes of Israel were allowed to intermarry. It is celebrated in Israel with gifts of flowers.





Schedule of Calah Friday Night Services at Owen Brown Interfaith Center

All Friday Night Services Now Start at 7:30 p.m.

July 18	January 9
August 15	January 23
September 5	February 6 (Tu B'shvat)
September 19	February 20
September 29pm Rosh Hashanah	March 6
September 30am Rosh Hashanah	March 20
October 1 am Rosh Hashanah	April 3
Oct. 8pm Kol Nidre	April 17
Oct. 9 all day Yom Kippur	May 1
Oct. 24 Sukkot, Simchat Torah	May 15
November 7	June 12
November 21	June 26
December 5	July 17
December 19 (Hanukkah)	August 14

Sunday School Schedule for 2008–2009 School Year

September 7 and 21	January 11 and 25
October 5 and 26	February 8 and 22
November 9 and 23	March 8 and 22
December 7 and 21	April 5 and 19
May 3 and 17	



WE STILL NEED VOLUNTEERS!

- **Oneg Shabbat Clean up Help** – We have a volunteer to help set up for the Oneg Shabbats, but we still need a volunteer to help oversee the cleaning up afterwards.
- **Bimah Helper** This is a **paid** position and requires some physical labor. This job can be shared. Duties include setting up our Torah ark; placing tablecloths, microphones, and other materials needed by the clergy; setting out prayer books and kippahs; and putting everything away after the service.
- **Sunday School Teachers** - Teachers are **compensated** with the cost of a one-person Calah membership—currently \$325. Contact Cantor Markowitz at 410-455-6434.

Thank You!

Thank you to Al Estrin who gave an enjoyable and informative talk about Playwright Arthur Miller from his simple beginnings to his winning of a Pulitzer Prize. Did you know that Marilyn Monroe converted to Judaism when she married him?

Thank you also to Bob and Andrea Saks, Ron Singer and Jeff Weisfeld for manning the Calah booth at the Howard County Jewish Festival. Thanks also to Ron Singer for making 2 puzzles and a sign that says "Calah Teaches Children About Life's Puzzles" which was on display at the booth. (See Pictures)

Thanks to Great Harvest Bread Company for donating the challahs at our regular Shabbat services. They are delicious.

Thank you to Cynthia Daniels for offering to set up for the Oneg Shabbats. Cynthia is also helping Kira with the newsletter.

Congregational News

Rebecca Bers, daughter of Jane Sneider, became a C.P.A. in May. She is working as a Senior Accountant with Teledyne Energy Systems in Hunt Valley.

Amy Lynne and Rebecca Bers returned safely from their Birthright trip to Israel on June 8th. They had a fun and blessed time.

Jonathan Lazar had a great time at music camp in Wisconsin. We hope to hear some of that music at one of our services sometime.

Anna Jaller will be attending Queen Mary College, part of the University of London in England for the fall semester studying acting and communications. Good Luck Anna in your studies!

David Jaller is back from his trip to Argentina. While there, he ate at what might be the only other Kosher McDonald's outside of Israel.

Eileen Bernstein has released her first full-length CD of 13 songs called "The Wind is Gone" You may buy the CD online at www.cdbaby.com or purchase a download version from www.Digstation.com. Way to go Eileen!

Congratulations to our 2 June Bar Mitzvah boys – Michael Baker and Sean Jones and both of their families. Job well done!

Please send your news to Kira at openflower@verizon.net!!

HAGGADAH SEARCH

We are searching for the Passover Haggadahs that Calah Congregation uses at the Congregational Seder (at Kings Contrivance Restaurant). There are about 30 Haggadahs for the American Family that we use. If you have them or know where they are, please contact Libby Lazar at 410-997-1630.

Kosher Recipe from Berniece Kumin

Bible Fruit Cake - Serves 16 or more

“And they gave him a piece of cake” Samuel 30:12

This recipe makes a deliciously fragrant and refreshing fruitcake destined to make any of your holidays festive. This cake is so named because the ingredients called for are referred to in several passages in the Bible.

$\frac{3}{4}$ C Psalms 55:21 smoother than **butter**

1 Cup Jeremiah 6:20 “and the sweet cane” **sugar**

1 Tbs I Samuel 14:25 “there was **honey**”

4 Isaiah 59:5 “eaten of their **eggs**” (note: separate yolk and whites)

2 Cups Leviticus 2:22 “handful of fine **flour**”

1 tsp Amos 4:5 “that which is leavened” **baking powder**

1 pinch Leviticus 2:13 “season with **salt**”

1 tsp Exodus 20:23 “of sweet **cinnamon**”

Season to taste II Chronicles 9:9 “and spices in great abundance”

$\frac{1}{4}$ **tsp** **cloves**, $\frac{1}{2}$ **tsp** **nutmeg**, $\frac{1}{2}$ **tsp** **allspice**, $\frac{1}{2}$ **tsp** **vanilla extract**

$\frac{1}{2}$ C Judges 5:25 “water she asked, milk she gave them” **either water or milk**

1 C Samuel 16:1 “cluster of **raisins**”

1 C **chopped** Nahum 3:12 “the first ripe **figs**”

$\frac{1}{2}$ C **chopped** Numbers 17:23 “bore ripe **almonds**”

Preheat the oven to 300 degrees and follow the message of Solomon Beat him with a rod Proverbs 23:14 in a large mixing bowl. Cream the butter, gradually adding in the sugar and beating until light. Add the honey and the egg yolks. Beat for at least 3 minutes until very light. While the eggs are beating, sift together the flour, baking powder, salt, cinnamon, cloves, nutmeg and allspice. Add the vanilla to the water or milk.

In a separate bowl, combine the raisins, figs and chopped nuts. Add the dry ingredients to the batter, alternating with the liquid flavored with vanilla. Beat until well blended. Stir in the fruit-nut mixture.

In a clean bowl, beat the egg whites until stiff, but not dry. Fold into the batter.

Spoon the batter into a well-greased 10-inch tube pan and bake at 300 degrees for about an hour. Cool completely. Keeps well in the refrigerator for a few days. Freezes well.

Variations – Psalms 92:15 “bring forth fruit” – Substitute dried fruit for figs. For pareve, substitute vegetable shortening for butter. You may also use apple juice in place of Milk.

Board of Trustees and Officers

Our new Board of Trustees for 2008-2009 are Jordan Alpert, Richard Armon (President), Rocky Baker, Debra Eyring (Treasurer), Bill Fidel, Lynn Green, David Jaller, Liz Lean (Secretary), Bob Sacks, Ron Singer (Vice President), and Jeff Weisfeld.

Next Board Meeting

The next Calah board meeting will be held Sunday, July 20, 7 p.m. at Bob Sacks's office, 7125 Thomas Edison Drive, Suite 105, in the Columbia Gateway Office Park. Everyone is welcome and encouraged to attend.

Happy Birthday!
Happy Anniversary!



Calah Congregation members who are celebrating their birthdays and anniversaries in July and August are:

July Birthdays

Roberto Blanco

Judith Estrin

Josh Lamiano

Judy Marcus

Andrea Paskin

Hilary Scala

Erynn Sosinski

Ronnie Urbont

Dipper Wettstein

Penny Zimring

Michael Jacobson

Debra Eyring

Sean Jones

Byron and Judy Marcus

Douglas and Andrea (Paskin) Silverman

Tim and Ellen Sosinski

August Birthdays

Peter Alpert

Adam Jacobson

Michael Markowitz

Josh Parsons

Jerry Scala

Ron Singer

Jacob Weisfeld

Olivia Weiss

Josh Wettstein

July Anniversaries

Azriel and Joan Blanco

Barton and Connie Kershbaum

August Anniversaries

Charles and Liz Lean

Michael and Penny Zimring

Kolman and Patricia Kodeck

Calah Congregation thanks Great Harvest for donating a most delicious Challah for our 'Ha Motzee' portion of our Sabbath services. Please patronize them!



Howard County Jewish Festival



Calah was represented at the Jewish Festival June 22 at Howard Community College. See the smiling faces of Bob Sacks, Andrea Sacks, and Ron Singer.



Try this Word Search Puzzle. All the words are somewhere in the newsletter!

C	E	S	H	A	L	O	M	N	P	B	C	E	K	J	S	I	Q	CALAH
Z	J	O	P	L	L	N	S	I	D	Q	Z	C	H	Y	A	P	N	CHALLAH
W	V	N	U	M	E	W	H	R	G	D	U	R	H	I	S	D	J	EXODUS
F	G	A	S	S	A	S	U	Y	F	G	M	E	N	X	O	V	Y	FRIDAY
L	M	O	U	M	R	M	U	C	Q	I	M	B	X	T	V	F	Q	HEBREW
D	R	O	Z	E	S	G	W	J	L	H	A	K	A	D	E	Z	T	ISRAEL
X	M	G	B	I	I	E	Z	E	Q	N	T	B	W	P	W	P	F	JUDAISM
Y	C	M	A	G	R	N	X	Z	I	S	B	Q	H	H	B	S	K	MEMBERSHIP
W	E	D	V	B	M	O	L	H	M	A	Q	O	H	A	E	Y	V	ONEG
M	U	F	E	B	D	F	B	L	H	L	U	A	R	E	L	B	I	PSALMS
J	B	H	L	U	R	N	A	S	X	K	L	A	T	O	M	A	G	SHABBAT
A	F	L	S	I	I	S	I	P	I	L	X	S	R	F	R	H	C	SHALOM
F	S	K	D	K	P	H	O	M	A	P	U	M	Q	M	F	V	O	TAMMUZ
I	P	A	J	M	Q	W	T	H	R	R	R	F	W	N	B	Y	Z	TRUSTEES
N	Y	T	W	J	U	U	C	L	T	I	H	K	Y	E	J	L	L	TZEDAKAH

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