

Rabbi Herbert Kumin
Rabbi Emeritus

Robert Sacks
Spiritual Leader

Michael Markowitz
Cantor

Berniece Kumin
Choir Director

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www.calahcongregation.com

Calah Congregation



September/October 2009 ≈ Elul/Tishrei 5769/5770

*Services Held at Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia except
Sunday Sept. 20th which will be held at the Sheraton Hotel*

High Holiday Services

Rosh Hashanah

September 18, 7:30 p.m.

September 19, 10:00 a.m. Children's Service will begin at 11:00 a.m.

Tashlich Service at Lake Elkhorn will follow

September 20, 10:00 a.m. at the Sheraton Hotel

Anyone who wants to **add a name to the remembrance book** and plaques must see or call
Lynn Green **by the end of the second day of Rosh Hashanah**. There is a one-time, tax-
deductible donation of \$50 for each name. You can reach Lynn at 410-792-8029.

Yom Kippur

September 27, Kol Nidre 7:30 p.m.

September 28, 10:00 a.m. Yizkor Service at 12 Noon

Mincha, N'ila and Children's Service at 5:00 p.m. followed by
Calah's Famous and Delicious Dairy Break The Fast Pot Luck

(See page 4 for details about the Pot Luck)

October 9, 7:30 p.m. Sukkot and Simchat Torah service. The succah will be decorated and we will have a lulav and etrog. To celebrate Simchat Torah, we will parade the Torahs and distribute the traditional apples and candy. We will also have a special oneg Shabbat-
EVERYONE should bring a dessert.

October 30, 7:30 p.m. Friday night Shabbat service. Birthdays and anniversaries for September and October will be celebrated. Bring cake if you are celebrating a simchah.



Shabbat/Holiday Candle Lighting Times for September and October in Columbia, MD



Sept 4 – 7:15pm

Sept 19 – 7:49pm

Oct 2 – 6:32 pm

Oct 23 – 6:00 pm

Sept 11 – 7:04pm

Sept 25 – 6:41 pm

Oct 9 – 6:21 pm

Oct 30 – 5:51 pm

Sept 18 – 6:53 pm

Sept 27 – 6:38 pm

Oct 16 – 6:10 pm

Thanks to Outgoing President Rich Armon

Richard Armon has stepped down after three years as president of Calah Congregation. Rich has been a hands-on president, planning and facilitating many of our holiday celebrations, serving as our liaison to OBIC, operating our booth at Federation events, and running board meetings with good humor and common sense. He has stepped forward to help Calah in so many ways--from building our sukkah, to addressing and mailing newsletters, to serving as bingo caller at our Weinberg House events.

Rich and his wife, Karen, have devoted countless hours to the shul. We owe them our warmest thanks and best wishes.

A new president has not been elected. For the time being, trustees will rotate fulfilling the president's duties.

Caring Cards and Book Plates

Packets of six caring cards are available for an \$18 tax-deductible donation. The cards are appropriate for recognizing achievements, celebrating simchas, or expressing sympathy.

You can also purchase a book plate in memory of, or to honor, a loved one. Each plate goes in the front of a prayer book. An \$18 tax-deductible donation pays for a plate. See or call Lynn Green for caring cards or book plates.



The congregation sends caring thoughts and prayers of healing to all our members who are ill, including Helen Alpert, Rebbetzin Berniece Kumin, Rabbi Herbert Kumin, Andrea Paskin, Doug Silverman, Anne Markson, and Phyllis Ferris (mother of Ronnie Urbont).



Calah Newsletter Is Going (Mostly) Electronic

In a measure to cut printing and postage expenses, the Calah board has voted to mail printed newsletters to most members **only twice a year** and to deliver the other four bimonthly newsletters electronically.

Most members will now receive their November/December, January/February, March/April, and July/August newsletters via e-mail. The September/October edition, which contains information about the High Holidays, and the May/June edition, which contains membership renewal information, will continue to be printed and mailed to all members.

Members who do not have e-mail will continue to receive a printed newsletter and need to notify editor Kira Lis at 410-381-4707 to continue receiving a printed newsletter. Other members should notify Kira of any changes or corrections in their e-mail address.

A few printed newsletters will also be available at Calah services.

Pastoral Thoughts by Rabbi Herbert Kumin

The Holy Days, the Jewish New Year, are almost here. These ten days are days of introspection, a time to examine our achievements and our failures. We are urged to undergo Moral Self Examination and to think about it seriously. It is not so easy to change human nature. The answer of Judaism is to reject any and every kind of fatalism that denies us the freedom to choose our way and to strike out in new directions. We are not forever doomed to the errors and the consequences of our past actions. We are free to repent and to nullify the actions of our past. Repentance means the opportunity of a new and different start; to fulfill what is wanting in our lives.

To each of us, these Holy Days bring the reassuring message that we are not eternally chained by what we have been. We can throw off the tyranny of enslaving habits. Our tomorrow can be freedom from the shackles of yesterday. These days mightily affirm that we can conquer the selfishness that shrinks us, the prejudice that binds us, the indifference that dehumanized us, the envy that gnaws at us, the greed that impels us. We are free to improve ourselves and ask God to forgive us. We are not alone. God is our ally. He gives us the power to request of him teshuva (repentance).

Our sages picture God as saying to us, “if you open the door of repentance a little wider, I will open it wide enough for inscribing yourselves for a Happy New Year, for you, your family and Klal Yisroel (all Jewish people)”.

Kesiva Vachasima Tova, L’chayim Tovim oo-la-sha-lom. May you be written and sealed for a good life and for peace.

Happy New Year 5770 to all from myself and my family.

~ *Rabbi Kumin*

Kosher Recipes from Berniece Kumin Mixed Berry Bread Pudding

8 slices firm white bread cut into ½ inch cubes	2 Tbs melted butter
2 cups fresh strawberries, quartered	2 tsp vanilla
1 cup each fresh blueberries and raspberries	2 tsp cinnamon
½ cup sugar	1 ½ cups half and half
2 large eggs	Confectioners sugar, optional

Generously grease a 9 x 5 inch loaf pan and place in a baking pan to catch any drippings.. Heat empty pan briefly in oven. Heat oven to 350°. In a large bowl, combine the bread cubes, strawberries, blueberries and raspberries. Transfer the bread mixture to the greased pan. In a 4-cup measuring cup, beat the sugar, eggs, butter, cinnamon and vanilla until smooth. Gradually beat in the half and half. Pour over the bread mixture and bake for 30 minutes or until the top is golden. Cover with foil and bake for 30 minutes longer, until a knife inserted in the center comes out clean. Cool the pudding completely in the pan or on a wire rack.

To serve, cut the pudding crosswise into 8 slices. Place each on a serving plate and sprinkle with confectioner’s sugar.

Mile High Popovers (dairy)

2 eggs	1 cup milk
2 Tbs vegetable oil	1 cup all purpose flour
¼ tsp salt	

Preheat oven to 425°. Spray a tray of 12 muffin cups with non-stick cooking spray. Place all ingredients in a blender, wet items first. Whirl at high speed for 15 seconds. Scrape the sides to remove any unmixed flour. Whirl again for 25 to 30 seconds. Pour into prepared muffin cups. Bake in preheated oven for 15 minutes. Reduce heat to 350° and bake 15 to 20 minutes longer until puffed and golden brown. Wrap in a clean towel and serve hot or warm. These go very nicely with Salmon Chowder.



Join Us For Pot Luck Break the Fast

Marilyn Singer and Sara Markowitz will once again coordinate the Break The Fast Pot Luck on **September 28** at the conclusion of the Yom Kippur service. This is one of the best meals that you can imagine! All food is dairy. Think about what you want to bring and sign up at the Rosh Hashanah Welcome Table.

Calah Adult Education

Calah Congregation's Adult Education Series will skip September and continue on **October 21st** at **7:30** at Bob Sacks's Office, 7125 Thomas Edison Drive, Suite 105, Columbia Gateway Office Park. The topic is appropriately "**Fall Holidays**". Later sessions in November will be Spring

Holidays and in December, we will learn about Minor Holidays. As 2010 comes around, we will hear about philosophy, mysticism, evil and suffering, and emancipation and enlightenment. Sessions are Free and as always, there will be lots of refreshments. For more information, contact Liz at lizlean@hotmail.com or Bob at 410-300-9912 or 410-884-3309 or 410-992-8137. Please join us in October or at a future session.

Entertainment 2010 Books Are Available

Get a head start on your Chanukah or holiday shopping. Calah is selling the 2010 Entertainment Books again this year. The price is \$25 for either a Baltimore or Washington Book. They make super gifts. Calah makes \$5 per book (if we sell 10 or more) or \$2.50 (if we sell less than 10) which can be used as a donation. To order a book, call Lynn Green, 410 792-8029. She will bring them to services for you.

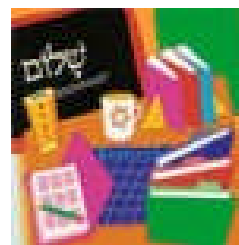


Schedule of Calah Friday Night Services at Owen Brown Interfaith Center

November 6	March 26
November 13	April 9
December 4	April 23
December 18 (Hanukkah)	May 7
January 8	May 21 (Shavuot)
January 29 (Tu B'shvat)	June 4
February 12	June 18
February 26 (Purim)	July 16
March 12	August 13

Sunday School Schedule for 2009–2010 School Year

September 13 and 27	January 10 and 24
October 11 and 18	February 7 and 21
November 1 and 15	March 7 and 21
December 6 and 20	April 11 and 25
May 9 and 23	



Calah's Pizza Party at CiCi's

The CiCi's tradition continues on **September 13!** Immediately following the first session of Sunday School, students are invited to be our guests for pizza, pasta, salad, dessert, and arcade games at CiCi's on Route 40 in Catonsville. Families are encouraged to attend. Sunday School students eat and play for free. There will be a \$6 charge for adults for food and a drink (This is less than what you would pay for yourself). Please pay Lynn Green at the restaurant and she will pay for all of Calah (pay by check to Calah or exact change). **RSVP to Lynn 410-792-8029.**

Attention Parents!

If your son or daughter is 11 years old, it is time for you to contact Cantor Markowitz about Bar/Bat Mitzvah. There is information that you need to have and it is time to begin preliminary preparations.

Jewish Book Month in November

We will celebrate Jewish Book Month with our third annual Book Shabbat on Friday, **November 6th**. Our book this year is *Outwitting History: The Amazing Adventures of a Man Who Rescued a Million Yiddish Books*, by Aaron Lansky. It is a very entertaining account of what has been called "the greatest cultural rescue effort in Jewish history." Books will be available at Barnes & Noble in Ellicott City.

Congregational News

Sharon and Harris Chaiklin visited friends who run a fishing lodge in Northern Ontario and brought back their grandson who had been working there. While there, they saw a black bear real close up. Then in August, they went to Bath, England the middle to visit their son. Did you get to see Stonehenge?

A book about dance/movement therapy edited by Sharon and published by Routledge is finally come out. Congratulations, Sharon!

Max Horwitz started the 8th grade at Elkridge Landing Middle School, having had a wonderful four weeks at Camp Airy. Susan Horwitz is returning to Mount de Sales Academy in Catonsville, teaching Spanish. Ed Horwitz is continuing his service to our country as a Nuclear Medicine Technologist at the National Naval Medical Center in Bethesda, MD. The past couple of years have been challenging for the Horwitz family, but they are thankful to God for His blessings and kindness and mercy.

Please send your news to Kira at openflower@verizon.net!! We like to know what is going on in your lives!

From the Jewish Federation of Howard County

<http://www.jewishhowardcounty.org/> For more information on any of the Federation events, contact Sophie at 410-730-4976 x103, or snovinsky@jewishhowardcounty.org

Cultural Connections meets on second and fourth Tuesday of each month at 10:30 a.m. at The Bain Center.

September 8, Opening Day Brunch, \$18.00 for the year (includes brunch) or \$5.00 drop in fee After the brunch Ella Shields, a Baltimore born vaudevillian and British music hall legend, will delight us with entertainment.

September 22, our second annual movie series: Movie- Syrian Bride

October 13, Movie- Boy in the Striped Pajamas

October 27, Movie- Everything Is Illuminated

HOT TOPICS-Lunch'n learn - meets on every third Wednesday of the month, 11:30-1 p.m. at the Federation Office. The program is free of charge. On **September 16**, the topic is Constructive Approaches to Interfaith Parenting and Grand-Parenting Presented by Irene Seastrum

October 21, Louis Maier, the author of "From The Golden Gate to the Black Forest" will talk about his life experiences and his critically acclaimed book.

SPECIAL PRESENTATION

October 8th, 1 p.m. and 7:30 p.m. showing of independent movie "Match & Marry". Director and producer of "Match & Marry" will be on hand to introduce the movie and talk about her experiences and motivation for making of the film. This is a fresh look into the ancient tradition of matchmaking. "Match & Marry" was an official selection of Globans Film Festival, the Temecula Film Festival, and Amador and Brooklyn Heights Jewish International Film Festival. Both showings are free of charge.

Rosh Hodesh, It's a Girl Thing!

Thursday, September 10 at 7:30 p.m. for **8th Grade Girls** at the Jewish Federation Community Room, 10630 Little Patuxent Parkway, Suite 400, Columbia

Rosh Hodesh (RHIAGT) is a program for teenage girls that connects Judaism together with teenage girls and the issues they face. The girls meet once a month in each other's homes with a trained group leader to talk, eat, create, bond, learn and grow. RHIAGT is a national program run by a non-profit called Moving Traditions. Their goal is to help empower girls become healthy, strong, secure and engaged Jewish women.

An 8th grade Rosh Hodesh Group is starting in Howard County. Jennifer Treger, a experienced and trained leader, will lead the group.

If you are interested in finding out more or signing up your daughter please contact Jennifer at jbtreger@verizon.net or call 443-904-7891, or Deborah at Deborah@JewishHowardCounty.org

JEWISH FEDERATION of Howard County GOLF TOURNAMENT

Tuesday, Oct 6th - A day of golf for only \$125, REGISTER by **September 15**

At Waverly Woods Golf Course 2100 Warwick Way, Marriottsville, MD

For more information, contact Sophie at 410-730-4976 x103, or

snovinsky@jewishhowardcounty.org

The Red Tent Club

With Shoshana Cardin, Deborah Weiner and Lori Palatnik

For more information about joining this group of intriguing & spirited women

Call Deborah or Sophie 410-730-4976

Sol Levinson & Bros., Inc. Bereavement Lecture Series in Howard

County Co-Sponsored by Jewish Community Services on **Wednesday, October 7, 2009**, 7:00 – 8:30 p.m. at the Wilde Lake Interfaith Center, 10431 Twin Rivers Road, Columbia, Maryland

The topic is "REFLECTIONS ON LIFE, DEATH AND SUICIDE" conducted by David A.

Jobes, Ph.D., ABPP and Jay I. Levinson, Ph.D. - Lecture Series Chair

Open to the community at no charge. CEU's available for social workers and psychologists. No registration required. For more information, call 410-466-9200.

The Jewish Museum of Maryland has two current exhibits worth seeing. The first is called Voices of Lombard Street: A Century of Change in East Baltimore that interprets the history of East Baltimore's Jewish community from 1900 to today.

The second exhibition is called Drawing on Tradition: The Book of Esther. It features bold and edgy illustrations from JT Waldman's *Megillat Esther*, this epic tale of exile and redemption is sure to amaze and intrigue.

Visit the museum Sunday, Tuesday, Wednesday, and Thursday from 12 pm - 4 pm. at 15 Lloyd Street, in Baltimore telephone 410-732-6400

Next Board Meeting

The next Calah board meeting will be held Sunday, **September 13th at 7 p.m.** at Bob Sacks's office, 7125 Thomas Edison Drive, Suite 105, in the Columbia Gateway Office Park. Everyone is welcome and encouraged to attend.

Happy Birthday!
Happy Anniversary!



Calah Congregation members who are celebrating their birthdays and anniversaries in September and October are:

September Birthdays

Joan Blanco
 David Caplan
 Kimberly Caplan
 Michele Estrin
 Rachel Fidel
 Susan Horwitz
 Shari Jones
 Tom Lis
 Rabbi Kumin
 Ian Lamiano
 Jonathan Lazar
 Spencer Lean
 Andrea Sacks

October Birthdays

Larry Adler
 Diane Adler
 Richard Bernstein
 Azriel Blanco
 Ed Horwitz
 Stephanie Estrin
 Michel Fleg
 David Green
 Kathryn Jaller
 Connie Kershbaum
 Allen Markson
 David McCracken

September Anniversaries

Jerome and Rosemarie Fleg
 John and Irina Myers
 Charles and Linda Richell
 Jerry and Hilary Scala

October Anniversaries

Stan and Karen Freedman
 David and Ulrike Jaller
 Ed and Susan Horwitz
 John and Shari Jones

Join us at the October 30th service as we celebrate September and October birthdays and anniversaries!

Tzedakah

Please look for our beautiful, handmade *tzedakah* box with the butterfly plaque on the *oneg* table at every service. Calah's *tzedakah* recipients once again are Camp Sunshine, a camp in Maine for critically ill children and their families, and Mazon

Last year combined donations from Calah and the Sunday School yielded \$260 each for Camp Sunshine and Magen David Adom



Calah Congregation thanks Great Harvest for donating a most delicious Challah for our 'Ha Motzee' portion of our Sabbath services. Please patronize them!



Show this newsletter ad at Great Harvest and they will give you **10% off** your purchase price.

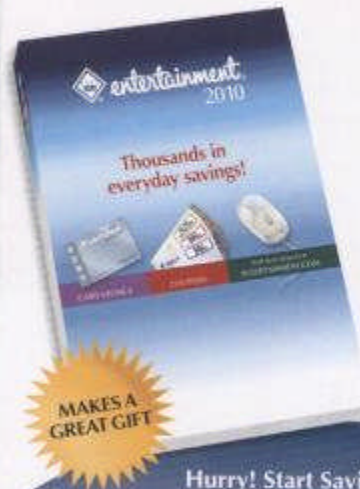
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