

Rabbi Herbert Kumin  
Rabbi Emeritus

Robert Sacks  
Spiritual Leader

Michael Markowitz  
Cantor

Berniece Kumin  
Choir Director

P.O. Box 6956 Columbia, MD 21045 410-730-CALAH (2252)  
www.calahcongregation.com

# Calah Congregation



**January/February 2009 ≈ Tevet/Shevat/Adar 5769**

*Services Held at Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia*

**January 9, 7:30 p.m. Friday night Shabbat service.**

**January 23, 7:30 p.m. Friday night Shabbat service. January birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.**

**February 6, 7:30 p.m. Tu B'Shvat Seder and Friday night Shabbat service.**

**February 20, 7:30 p.m. Friday night Shabbat service. February birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.**



Shabbat Candle Lighting Times for January and February in Columbia, MD



Jan 2 – 4:38	Jan 9 – 4:44	Jan 16 – 4:51	Jan 23 – 4:59	Jan 30 – 5:07
Feb 6 – 5:15	Feb 13 – 5:23	Feb 20 – 5:31	Feb 27 - 5:39	

**Sunday March 1 - Community Purim Carnival, River Hill High School from 1:00 p.m.-4:00 p.m.**



*Calah services will not be held when Howard County Schools are closed due to inclement weather.*

*Check local stations for updates, or visit [www.calahcongregation.com](http://www.calahcongregation.com)*

## Pastoral Thoughts by Rabbi Herbert Kumin

Spring comes early in Israel, called Eretz Yisrael, during the months of January and February. After months of winter rains, the trees and the flowers are ready to bloom. The early pioneers accomplished a great deal, planting forest after forest. For this special New Year for Trees, the 15<sup>th</sup> day of the month of Shevat was chosen and is called Chameesha Asser B'Shevat or Tu B'Shevat. In appreciation of this day, trees are planted in Israel by boys and girls from all over the world. In Israel some of the fruits of the season are figs, dates, raisins, almonds and an unusual fruit called Bukser (carob). When we eat these fruits, we say a blessing - *Baruch atah A-donoy, Elo-heinu Melech Ha'Olam borei pri ha-aitz*. What a joyous holiday Tu B'Shevat is, with it's songs, dances and delicious fruits. Let us plant a tree in Israel for Tu B'Shevat.

### The Almond Tree

The almond tree is growing,  
The golden sun is glowing.  
The birds sing out in joyous glee  
From every room and every tree.  
Tu B'Shevat is here,  
The Jewish Arbor Day  
Hail the trees' New Year  
Happy Holiday!

~ *Rabbi Kumin*

**February 6<sup>th</sup> is our Tu B'Shevat Seder.**

The congregation sends caring thoughts and prayers of healing to all our members who are ill, including Helen Alpert, Rebbetzin Berniece Kumin, Rabbi Herbert Kumin, Andrea Paskin, and Wayne Zimmerman.

The Jallers would like to thank all those who kept Kathy in their prayers. She is doing much better! And that is nice to hear.

~

### **To Everything There Is a Season**

Need to send a card to someone to convey sympathy, a get well message or share the joy of a Simchah? Why not purchase a packet of 6 "caring cards" from Calah Congregation? You can see a sample of the cards at services and arrange to purchase them from Lynn Green. Give Lynn a call at 410-792-8029 and she will arrange to get you the cards.

~ ~ ~

### **Remember the Tzedakah Box**

Calah's *tzedakah* recipients once again are Camp Sunshine, a camp in Maine for critically ill children and their families, and Magen David Adom, the Israeli emergency medical service. Remember to add your donations when you attend a service. The tzedakah box can be found on the Oneg Shabbat table.



## **2 Kosher Recipes from Berniece Kumin** **Honey Spiced Glazed Chicken – 8 servings**

4 minced garlic cloves	2 tsp. paprika
¼ cup lemon juice	4 tsp. Dijon mustard
½ cup honey	8 pieces of chicken

Preheat oven to 425 degrees. Spray a baking dish with vegetable spray. Arrange the chicken pieces in a baking dish. In a bowl, combine garlic, paprika, lemon juice, mustard and honey. Brush half the glaze over the chicken. Bake for 15 minutes. Brush the remainder of the glaze on the chicken and continue baking for at least 30 minutes or until the chicken is done. Just before serving, place the baking dish under the broiler and broil for about a minute or so until the skin is crispy.

## **Roasted Asparagus Spears – Serves 6 - 8**

20-24 asparagus spears, trimmed    Olive oil    Kosher salt    Fresh ground pepper

Preheat oven to 475. Brush asparagus on all sides with olive oil. Arrange on a baking sheet. Sprinkle with salt and pepper. Cook in preheated oven for 5 minutes. Turn on broiler and finish off 4-5 minutes longer or until they begin to brown. Serve hot or at room temperature.

## **Calah News from the Board**

### **Dues Increase**

The board of trustees has voted to raise Calah Congregation's membership dues for the coming fiscal year. A new membership form will be mailed with the March/April newsletter. The entire form should be completed so that our records will be up-to-date. A 10 percent discount will still be in effect for dues paid in full by June 30, 2009.

The new dues schedule is:

Single or Senior Membership \$350  
Single-Parent Family \$465  
Couple \$465  
Two-Parent Family \$575

### **Calah Directory**

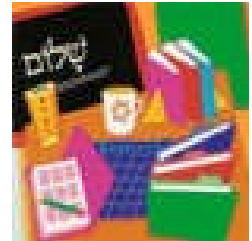
Calah will publish a directory of members next year. Members who **do not want to be included** in the directory can check the **“opt out”** box on the new membership form. The directory will include members' name, address, phone number, and e-mail address. The directory may not be used for solicitation among members. It will be shared with the Jewish Federation of Howard County.

## Schedule of Future Calah Friday Night Services at Owen Brown Interfaith Center

March 6 ( <i>Guest Speakers from The Jewish Federation of Howard County</i> )	May 15
March 20	June 12
April 3	June 26
April 17	July 17
May 1	August 14

## Sunday School Schedule for 2008–2009 School Year

January 11 and 25	March 8 and 22
February 8 and 22	April 5 and 19
May 3 and 17	



## Calah's New Adult Education Continues in January!!!

Calah Congregation's new Adult Education Series continues on **January 14<sup>th</sup>** at **7:30** at Bob Sacks's Office, 7125 Thomas Edison Drive, Suite 105, Columbia Gateway Office Park. The January lecture is entitled "*Repentance*". The February lecture will likely be on **February 11<sup>th</sup>** and the topic that evening will be "*Study*". Sessions are Free and as always, there will be lots of refreshments. For more information, contact Liz at [lizlean@hotmail.com](mailto:lizlean@hotmail.com) or Bob at 410-300-9912 or 410-884-3309 or 410-992-8137.

## Congregational News

### Rocky – We Will Miss You <sniff, sniff>, But We Wish You Well!

Rocky Baker has tendered her resignation from the board of trustees of Calah Congregation, effective Dec. 14. Her family is moving to Florida. Good luck and we wish you well. You have meant a lot to Calah.

Anyone who is interested in becoming a trustee and has been a member of Calah for at least two years should contact our president, Richard Armon, or any other current trustee.

**Congrats to Judy Estrin** – At the November 21<sup>st</sup> Shabbat service, Judy won a \$25 gift card from Barnes and Noble as part of our special Book Shabbat. Congratulations and we hope you made good use of the gift.

### If you missed her last time ...Eileen in Concert

Eileen Bernstein will be singing, playing her guitar and keyboard on Friday, **Saturday, Jan 17<sup>th</sup>** at **6:30 pm** at Mad City Cafe in Columbia (corner of Hickory Ridge Rd. and Cedar Lane). There is no charge, but you can purchase refreshments. And come early to get a good table!

Please send your news to **Kira at [openflower@verizon.net](mailto:openflower@verizon.net)**!! Also, if we don't have your e-mail address, send that to Kira as well. In between our regular newsletters, we often send updates via e-mail. .

## Community Events in January and February

**For Middle-Schoolers - Middle School Dance - January 10, Saturday at 7:30-9:30 p.m.** Beth Shalom Synagogue. Tickets are \$5. There will be a DJ leading dances and games and giving out prizes in one room and in another room there will be activities for kids who aren't into DJs - such as game show mania, pop noggins and photo favors. Snacks and drinks will be provided.

For information call 443-535-9808 or email [deb3kids2001@yahoo.com](mailto:deb3kids2001@yahoo.com)

**Did You Hear What I Meant to Say? The Art of Successful Communication – Woman to Woman**, a group for Jewish women in Howard County, announces their first program with guest speaker Sara Esther Crispe who will discuss the five levels of communication according to Kabbalah. Ms Crispe is a well-known lecturer who speaks on women's issues and is the creator and editor of [www.TheJewishWoman.org](http://www.TheJewishWoman.org). Come hear her on **January 11<sup>th</sup>** at Howard Community College Montebaro Hall in the Horowitz Visual and Performing Arts Center. Doors open at **6:30** and the program begins at **7:00**. This event is open to the public. Suggested Donation: \$10. For more information, please contact Chanie Baron at 410-530-6229

**Care Givers Support Group** - Jewish Community Services in Howard County offers a monthly support group for adults caring for an aging loved one. The group meets from **6:30 – 8:00 p.m.**, at the Jewish Federation in Howard County, 10630 Little Patuxent Parkway, Century Plaza 1000, Suite 401, in Columbia, Maryland. Upcoming meeting dates are Mondays, **January 12, February 9 and March 9, 2009**. Facilitated by Liz Schoen, LCSW-C, the group provides a place to share concerns and resources with other caregivers.

The fee is \$5 per person for each session. For more information and to register, please call Liz Schoen, LCSW-C, at 410-730-4976 ext. 120 or e-mail [lschoen@jcsbaltimore.org](mailto:lschoen@jcsbaltimore.org).

In January **Cultural Connections**, an active senior adult program sponsored by the Jewish Federation of Howard County, is taking a musical trip down the memory lane. Join them on **January 13<sup>th</sup>** from **10:30-12 noon** at the Bain Center in Columbia, MD for a musical variety from "Fly Me To The Moon" to "Beyond The Sea" with *Earl Rosenberg*, an absolute jewel to see and hear!

The Jewish Federation **Book Club** meets **January 14<sup>th</sup>**, at **11:00 a.m.** This month's book is "*Plot Against America*" by Philip Roth at the Federation Community Room. "Plot" is an intriguing book and a must read! The discussion will be facilitated by Pearl Laufer.

**The Red Tent Club – A group sponsored by the Women's Division of HOWARD COUNTY**  
Featuring world renowned speaker & author LORI PALATNIK

At our first gathering Lori presented Great Jewish Women, Who We Are, Where We Are Going  
The following sessions will present:

Sex, Gossip & Lessons January 20, 2009

Kabbalah of Love February 24, 2009

Kabbalah of You March 24, 2009

The cost of the four-part series, including a light dinner - \$75

All gatherings will take place at the Jewish Federation Community Room

RSVP to 410-730-4976 ext 103 [snovinsky@JewishHowardCounty.org](mailto:snovinsky@JewishHowardCounty.org)

## Music, Music! Jewish Rock "Unplugged" from Israeli Rock to the Beatles

A group called Yom Hadash "A New Day" will be performing at the Oakland Mills Meeting House on **January 31<sup>st</sup>**. The concert begins at **8:00 p.m.** followed by a dessert reception. Tickets are \$25 each or a table for ten for \$200. For over a decade, Yom Hadash has performed music based on Judaic traditions fused with rock, pop, world music and traditional Jewish melodies, helping to redefine the landscape of this genre. After hundreds of performances across the country and in Israel their appeal reaches people of all backgrounds and touches the soul of all who hear their songs.

For tickets, send your check to the Jewish Federation of Howard County 10630 Little Patuxent Parkway, Suite 400, Columbia, Maryland 21044 (Dietary laws observed). For additional information, contact the Federation by phone at 410-730-4976 or by e-mail at [info@JewishHowardCounty.org](mailto:info@JewishHowardCounty.org)

## Help Needed

Volunteers from Calah are needed for two committees planning upcoming events for the local Jewish community: the March 1 Purim Carnival and a series of dances for middle schoolers. We need at least one more volunteer for the Purim Carnival; Bob Sacks has already volunteered. Parents with children in middle school are strongly encouraged to volunteer to help plan the dances. Call the Jewish Federation of Howard County at 410-730-4976.

Calah Congregation thanks Great Harvest for donating a most delicious Challah for our 'Ha Motzee' portion of our Sabbath services. Please patronize them!



This coupon worth **10% off** your purchases at Great Harvest.

**Next Board Meeting**

The next Calah board meeting will be held Sunday, **Jan. 18, at 10 a.m.** at Bob Sacks’s office, 7125 Thomas Edison Drive, Suite 105, in the Columbia Gateway Office Park. Everyone is welcome and encouraged to attend.

***Happy Birthday!  
Happy Anniversary!***



Calah Congregation members who are celebrating their birthdays and anniversaries in January and February are:

January Birthdays

- Karen Armon
- Stephen Bounds
- Tori Bounds
- Rachel Caplan
- Sam Caplan
- Lillian Elias
- Alex Estrin
- Cameron Eyring
- Jerome Fleg Jr.
- Stephen Fleg
- Stan Freedman
- Max Horwitz
- David Jaller
- Leslie Morris
- John Myers
- Aron Myers
- Andrea Paskin
- Tim Sosinski
- Michael Zimring

January Anniversaries

- Dean and Phyllis Lamiano
- Leslie and Rita Morris

February Birthdays

- Claire Alpert
- Cirrus Alpert
- Matthew Bemstein
- Seth Eyring
- Bill Fidel
- Julie Jones
- Barton Kershbaum
- Liz Lean
- Kira Lis
- Joseph Markson
- Douglas Silverman
- Peter Silverberg

Join us at the **January 23<sup>rd</sup>** service as we celebrate January birthdays and anniversaries and

**February 20<sup>th</sup>** for February birthdays!

If we inadvertently missed yours, please e-mail Kira at [openflower@verizon.net](mailto:openflower@verizon.net)

**Tu B'Shevat Word Search**

**Find the Trees!**



R	Y	Z	M	O	M	T	O	K	Y	Z	L	E	A	K
O	A	Q	M	A	G	F	O	P	H	U	Y	F	D	Z
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- BEECH
- BIRCH
- CEDAR
- ELM
- MAPLE
- OAK
- OLIVE
- PALM
- PINE



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