

Rabbi Herbert Kumin
Rabbi Emeritus

Robert Sacks
Spiritual Leader

Michael Markowitz
Cantor

Berniece Kumin
Choir Director

P.O. Box 6956 Columbia, MD 21045 410-730-CALAH (2252)
www.calahcongregation.com

Calah Congregation



July/August 2009 ~ Tamuz/Av/Elul 5769

Services Held at Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia

July 17, 7:30 p.m. Friday night Shabbat service. Birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.

August 14, 7:30 p.m. Friday night Shabbat service. Birthdays and anniversaries celebrated. Bring cake if you are celebrating a simchah.

A complete schedule of Shabbat services for 2009-2010 will be listed in the next newsletter. You can check out the dates now at our website
<http://www.calahcongregation.com/upcomingservices.html>



Shabbat Candle Lighting Times for July and August in Columbia, MD



July 3 – 8:18	July 10 – 8:17	July 17 – 8:14	July 24 – 8:09	July 31- 8:02
Aug 7 – 7:54	Aug 14 – 7:46	Aug 21 – 7:36	Aug 28 – 7:26	

Holidays in July and August are:

July 9th – The Fast of Tammuz – Remembering a time when several calamities occurred -- including when Moses descended from Mount Sinai, discovered the people worshipping the golden calf, and broke the original tablets with the Ten Commandments.

July 29th (evening) and all day July 30th – **Thisha B’Av** (also a Fast day) - A solemn holiday commemorating the destruction of both the first and second temples in Jerusalem.

Aug 5th - Tu B’Av – This day is considered an auspicious day for marriage. It is the Israeli “Valentine’s Day” and is a day of love. While it is a regular workday, music and dance festivals are typically held to celebrate the day. Israelis give cards and flowers to their loved ones on Tu b’Av and the date is popular for weddings. These customs are observed by all segments of Israeli society, whether they consider themselves religious or non-religious.

Pastoral Thoughts by Rabbi Herbert Kumin

F. Scott Fitzgerald wrote, “Whenever you feel like criticizing anyone, just remember that all people haven’t had the advantages that you’ve had.” The Torah says, “hochay-ach toe-cheeach ameeteheha”, explain to your friend in a gentle manner. Don’t pounce on him with hate! Be his friend. People are so stressed today that this is difficult for them. I hope that all Calah members will be recognized by their gentle characters. We must improve ourselves as we go along. We can disagree, but agreeably. When you stand before the Eternal, in 120 years, you will not be asked, how many times you prayed, but instead how many times did you have the chance to make someone worthy, wanted, happy and accepted. This is the only Judaism I know. We can’t all be right always, but we can always be made to feel respected. From all my Judaic studies from age 5 until today, I concluded that life is a gift and no one has the right to destroy the gift in any way for ourselves and for others. Everything else in the Torah, Talmud and Holy Literatures is only commentary. Take time to give; the day is too short to be selfish. Take time to love and be loved, for it is the privilege of God. Oh Lord, forbid that I should judge others, lest I condemn myself. Give me friends who will love me for what I am and help me when in need.

~ *Rabbi Kumin*

The congregation sends caring thoughts and prayers of healing
to all our members who are ill, including Helen Alpert,
Rebbetzin Berniece Kumin, Rabbi Herbert Kumin, Andrea Paskin, Doug Silverman, Anne
Markson, Wayne Zimmerman and Phyllis Ferris (mother of Ronnie Urbont).



Remember the Tzedakah Box

Calah’s *tzedakah* recipients once again are Camp Sunshine, a camp in Maine for critically ill children and their families, and Magen David Adom, the Israeli emergency medical service. Remember to add your donations when you attend a service. The tzedakah box can be found on the Oneg Shabbat table.

Why Do We Do That?

Have you wondered why after the Cantor or Rabbi says “Baruch Atah Adonai” some people respond with “Baruch hu u’varuch shemo”? And have you also wondered what “Baruch hu u’varuch shemo” means?

Well first, the meaning of “Baruch hu u’varuch shemo” is “Blessed be He and blessed is His name”. And the custom that we respond with this phrase is based on a statement by Moses in Deuteronomy (32:3): “When I call out the name of the Lord, ascribe greatness to our God.” The Talmud explains that Moses was telling the Jewish people that upon hearing God’s name, one should immediately “bless” Him. So when we hear someone bless the Lord, we respond with “Blessed be He and Blessed by His name.” So that’s why we do this.

Congregational News

Bob Sacks received a Howard County Visionary award from the Jewish Federation of Howard County last month. We are very proud of him and we are grateful to have his leadership for our congregation.

Les Morris's mom, Rena was 95 years old this past May. She celebrated the event in New Jersey with her sons, daughters-in-law, grandchildren and great grandchildren. We wish her a Happy Birthday. Thanks **Rita** for letting us know.

Congratulations to High School graduates 2009, **Julie Jones**, daughter of Shari and John Jones, and to **Ronnie Urbont's grandson Brandon**.

And the **Singers, Marilyn and Ron**, have a new grandson. **Holden Reed Melnick**, born on June 4th to **David and Jenny Melnick**, big sister is **Harper Sloan**. Mazel Tov!

Tori Bounds won a gold medal in trail and a silver medal in English equitation in the Special Olympics in Howard County. She was riding "Phoenix". Great going Tori!!!

Max Horwitz just completed seventh grade and will be spending a delightful four weeks at Camp Airy in Thurmont, MD.

Thanks to **Alex Estrin** for another wonderful talk at the June 12th service. We learned a lot about the Levitts and the development of Levittown. Alex's talks are always so interesting and informative and really enjoyable.

To Everything There Is a Season

Need to send a card to someone to convey sympathy, a get well message or share the joy of a Simchah? Why not purchase a packet of 6 "caring cards" from Calah Congregation? You can see a sample of the cards at services and arrange to purchase them from Lynn Green. Give Lynn a call at 410-792-8029 and she will arrange to get you the cards.



A COMMUNITY EVENT From the Jewish Federation of Howard County

Sunday **July 19** at 12:00 noon, the Knesset Club is heading up to the Wine & Music Festival at Linganore Winery. Bring a picnic & a friend! We will provide light fare! Kosher upon request Wine Tasting! Artisans! Food! Winery Tour! \$15 at the gate.

Linganore Winery 13601 Glissans Mill Road, Mt. Airy, MD 21771 www.linganore-wine.com

The Knesset Club comes together to make a world of difference in our Jewish community and for the world around us! NEW & prospective members welcome!

RSVP For this day with friends! naronin@JewishHowardCounty.org

A program of the JEWISH FEDERATION of HOWARD COUNTY

10630 Little Patuxent Parkway, Suite 400, Columbia, MD 21044 410-730-4976 ext 101

www.JewishHowardCounty.org

Two Kosher Recipes from Berniece Kumin Settlement Rice Pudding (Dairy)

½ Cup rice (not minute rice) ½ Cup sugar
Pinch salt 2 Cups whole or low fat milk
About 1/3 Cup raisins (optional)

Place all the ingredients, except the raisins, in the top of a double boiler. Stir and place over the bottom pot, which holds just enough simmering water to touch the bottom of the pan containing the rice mixture. Cover and cook for 2 hours, stirring occasionally until the mixture is rich and creamy. Add more boiling water to the bottom pan as needed. Add raisins after about one hour (optional). Serve hot or at room temperature. Serves 6 to 8.

NOTE: If you don't have a double boiler, pour into a heavy bottom saucepan and stir frequently or into a baking dish and bake at 325 degrees for about 1 ½ hours or until thick, creamy and rice is soft. Stir often.

Microwaved Baked Apples (Pareve)

4 medium apples, cored – McIntosh, Golden Delicious or Winesap are best
2 Tablespoons brown sugar 3-4 Tablespoons of raisins
4 teaspoons butter Cinnamon to sprinkle
2 Tablespoons orange juice or water

Slice a band of skin about ¼-inch wide around center of each apple so that the steam can escape and prevent the apples from bursting. Stuff the core cavities with brown sugar and raisins. Top each with a teaspoon of butter and sprinkle with cinnamon. Arrange in a circle in a 9-inch glass pie plate. Sides should not be touching. Drizzle with orange juice. Cover with a paper towel. Microwave on High for about 6 to 8 minutes or until apples are tender. Let stand at room temperature for at least 5 minutes before serving.

Calah's Adult Education Continues on July 15 and August 12 !!!

Calah Congregation's Adult Education series continues through the summer months. The **July 15th** lecture is all about **Shabbat**. Some people say that Shabbat is the most important of our holidays and we get to experience it every 7 days! Join us on **July 15** at **7:30** at Bob Sacks's Office, 7125 Thomas Edison Drive, Suite 105, Columbia Gateway Office Park. The topic of the **August 12th** lecture will be "**Law and Spirit**". Sessions are Free and as always, there will be a discussion following the recorded lecture and refreshments. For more information, contact Liz at lizlean@hotmail.com or Bob at 410-300-9912 or 410-884-3309 or 410-992-8137.

Sunday School Schedule for 2009-2010

Calah Sunday School teachers are planning now for the coming school year. Parents, have you registered your children for the coming year? If you have any questions, feel free to contact Cantor Markowitz. The dates for Sunday school this year are 9/13, 9/27, 10/11, 10/18, 11/1, 11/15, 12/6, 12/20, 1/10, 1/24, 2/7, 2/21, 3/7, 3/21, 4/11, 4/25, 5/9, 5/23.

If your son or daughter is 11 years old, it is time for you to contact Cantor Markowitz about Bar/Bat Mitzvah. There is information that you need to have and it is time to begin preliminary preparations.

Next Board Meeting

The next Calah board meeting will be held Sunday, **July 19, at 10:00 a.m.** at Bob Sack's office, 7125 Thomas Edison Drive, Suite 105, Columbia Gateway Office Park. Everyone is welcome and encouraged to attend.

Happy Birthday!
Happy Anniversary!



Calah Congregation members who are celebrating their birthdays and anniversaries in July and August are:

July Birthdays

Roberto Blanco

Judith Estrin

Debra Eyring

Sean Jones

Josh Lamiano

Judy Marcus

Sarah Myers

Andrea Paskin

Hilary Scala

Erynn Sosinski

Ronnie Urbont

Penny Zimring

Barton and Connie Kershbaum

Byron and Judy Marcus

Douglas and Andrea Silverman

Tim and Ellen Sosinski

August Birthdays

Peter Alpert

Adam Jacobson

Michael Markowitz

Jerry Scala

Ron Singer

Jacob Weisfeld

August Anniversaries

Charles and Liz Lean

Michael and Penny Zimring

July Anniversaries

Azriel and Joan Blanco

Join us at the **July 17** service as we celebrate July birthdays and anniversaries and

August 14 for August birthdays and anniversaries!

If we inadvertently missed yours, please e-mail Kira at openflower@verizon.net

Calah MEMBERSHIPS – Have You Renewed?

Calah needs you. You are important to us. If you haven't sent in your membership renewal for 2009/2010 (membership form on next page), please remember that your membership includes your seat for the High Holidays in September. Your membership allows Calah to serve you. And if you know of anyone who is looking to join a Jewish Congregation, why not bring them to a service and suggest they join us. Thanks for your help.

CATEGORY	MEMBERSHIP FEES
Single or Senior Citizen	\$350
Single Parent Family	\$465
Couple	\$465
Two Parent Family	\$575
Annual dues include seats for the High Holidays. A gift is presented to each member of the family on their birthday and anniversary at one of the Sabbath Services during each month.	

Free Jewish Times Subscription

The Baltimore Jewish Times has graciously announced a program to give a free 1-year subscription to new subscribers from Calah Congregation. The Jewish Times is a weekly magazine that covers local (mostly Baltimore, but sometimes there is something from Howard County), national and international Jewish issues. If you are interested, contact Lynn Green at lfgreen1@hotmail.com or by phone at 410-792-8029 before July 18. She will submit the names and addresses to the Jewish Times and you will receive a 1-year gift subscription. This offer is for new subscribers only.

This coupon worth **10% off** your purchases at Great Harvest

Calah Congregation thanks Great Harvest for donating a most delicious Challah for our 'Ha Motzee' portion of our Sabbath services. Please patronize them!



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Calah Membership

Please fill out the membership form below and mail it along with your check for you dues to Calah Congregation, P.O. Box 6956, Columbia, MD 21045

2009 Dues

Single or Senior Citizen	\$350	Couple	\$465
Single Parent Family	\$465	Two Parent Family	\$575

Family Name:		
Home Address:		
City/State/Zip:		
Day Phone:	Eve Phone:	Email:
Husband's Name:		Birthday:
Wife's Name:		Birthday:
Wedding Anniversary:		
Child's Name:		Birth date:
Child's Name:		Birth date:
Child's Name:		Birth date:
► Check here if you wish to OPT OUT of the Member Directory <input type="checkbox"/>		

Please record these names and Yahrtzeit months of my beloved deceases to be observed in the services during the year and the Yom Kippur Yizkor Memorial service.

Name of the Deceased	Month of	Relationship	To Whom

A one-time donation of \$50 is requested for each name to be inscribed in our memorial book.



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